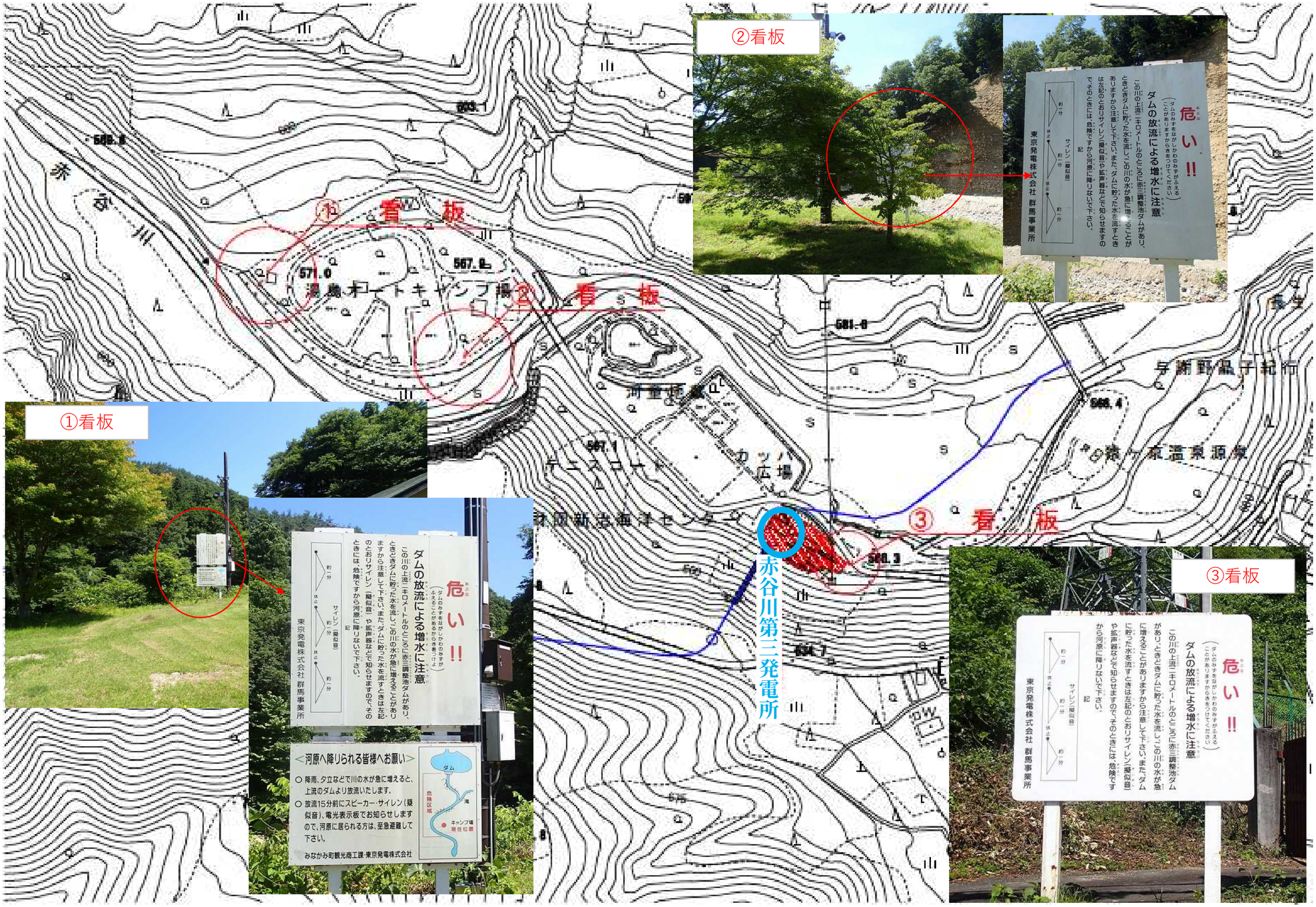赤谷川第三発電所調整池ダム放流注意看板位置図